

HEALTH AND SAFETY TRAINING

The initial training in the field of health and safety follows directly the Regulation of the Minister of Science and Higher Education of 5 July 2007 *On Safety and Health at Universities* (Dz. U. No. 128, item 897).

According to this act, the University is obliged to familiarize all students who begin their education in higher education institutions with basic safety rules.

The training aims to show how to proceed in cases of health and life threat and identify threats students may have to deal with while studying at the University. All necessary background information about the life of the University are introduced as well as its operation with an emphasis on the aspect of safety and concern for the health and lives of all those who continue education at Medical University of Lublin.

The scope and training program for health and safety for students include regulations on health and safety at colleges and universities, i.e.:

1. Regulations:
 - Regulations on safety and health in Polish and EU legislation;
 - Responsibilities of the institution and supervisors in ensuring a safe and healthy working and learning conditions, ergonomic factors in shaping working conditions, including hygiene standards for permanent work premises.
2. Factors which are physically, biologically, and chemically dangerous during laboratory classes in the laboratory, classroom and during fieldwork:
 - Avoiding risks with particular emphasis on measures to protect the group and the individual;
 - Accident investigation (regulations, accident insurance).
3. First aid in the case of an accident and life-threat, first aid kits.
4. Legal bases for fire protection, fire detection systems, flammables and explosives, fire risk prevention, emergency procedures in the case of fire and other local threats; signage, handheld fire-fighting equipment, evacuation.